

The Many Faces of Retirement: Consider Your Stepping Stones

Are you thinking about retiring or are you new to retirement? Do you have questions about what this transition will mean for you and others? While working, does retirement planning feel like a burden or a long wait to a distant paradise? Retirement can unfold and evolve in many ways. There will be changes and challenges in use of time, relationships, lifestyle and life satisfaction. You will:

- Explore possible opportunities, risks and rewards that retirement will seed.
- Participate in small group discussions and reflect on talks of relevant topics and readings.
- Interact with a panel of retirees. Learn about their challenges, priorities and how they have made their transition—*so far*.
- Consider your personal ideas in preparing for this transition.

Justine Bykowski, MA comes from the field of gerontology with long time experience in pre-retirement education as well working with older adults and caregivers. She recently retired from the University of Michigan Health System.

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Location: Brookhaven Manor

Day/Time: Tuesday, 6:00 - 8:00 p.m.

Date: September 19 – October 3, 2017

Registration Cost: \$15

To register contact OLLI at UM-Turner Senior Resource Center, 734-998-9351 or register online at www.oli-umich.org